

PERSONAL SURVIVAL TECHNIQUES

Fact Sheet

Course Overview

The Personal Survival Techniques course prepares participants to effectively respond to emergencies at sea. It covers essential skills such as life-saving procedures, using survival equipment, and essential first aid. Trainees learn how to maximize their chances of survival in various maritime situations, promoting safety on board.



client site training, depending on your personal preferences



learn from an expert trainer with years of experience



Budget Friendly learning

Who should enroll to this course?

The Personal Survival Techniques course is designed for all maritime personnel, including crew members, officers, and trainees preparing for life at sea.

It is also essential for anyone involved in maritime operations or safety management, ensuring that all participants are equipped with vital survival skills for emergency situations.

Join Us Today!



info@eliteoffshore.in
training@eliteoffshore.in



+91 80974 72277
+91 80974 79900



+91-22-4970 4933



G- 5, Platform Level, Tower-3,
Belapur Railway Station
Complex, Sector-11, C.B.D.
Belapur, Navi Mumbai-400614.

What does this course Covers?

- Principles of Survival at Sea & Causes of marine emergencies
- Human behaviour in emergency situations, Survival priorities and actions
- Use of Personal Life-Saving Equipment, Lifejacket, its construction and donning
- Immersion suits — types, use and limitations, Buoyancy aids and thermal protection
- Emergency Procedures and Ship Abandonment, Muster and alarm signals
- Procedures for abandoning ship Jumping safely into the water
- Survival Techniques in Water, Individual and group survival methods
- Swimming and towing techniques, Prevention of hypothermia (H.E.L.P. position)
- Survival Craft and Rescue Boat Operations
- Liferaft boarding and righting, Initial actions after boarding, Use of sea anchors, paddles and equipment
- Use of Survival Craft Equipment and Signaling Devices, Flares, EPIRBs, SARTs, mirrors and whistles
- Drinking water and ration management, Communication with rescue units
- Post-Rescue Actions - Care of survivors, Health and hygiene considerations
- Reporting and debrief

- Course Code - 132
- Duration - 1 Day
- Knowledge level - Beginner
- Category - Port and Marine
- Offline/ Client Site

Ready to get started?

Don't leave your safety to chance! Enroll in the Personal Survival Techniques course today and arm yourself with the crucial skills needed to handle emergencies at sea. Sign up now to ensure your preparedness and confidence in any maritime situation!

About Us

Elite Offshore Pvt Ltd, established in 2015, is a leading provider of Offshore, Marine and Industrial Safety and Skill training and certification programs. With a commitment to safety, compliance, and excellence, we empower professionals worldwide with the knowledge and skills they need for success in their careers.

Ecademy was established in 2021, serves as our specialized division, providing customized E-Learning solutions designed to meet the specific needs of the industry. Through Ecademy, we offer the IADC-Accredited RigPass Online Course, alongside other valuable E-Learning programs like IMDG Code Courses, Basic First Aid, and more.